



**INVITATION:**



**SVCE** | Sri Venkateswara  
College of  
Engineering



**National Cadet Corps (Army)**

*In association with*

**1 (TN) Comp Tech Coy NCC, Chennai 25**

*Organizes*

**INTERNATIONAL  
DAY OF YOGA**

*(21 June 2022)*

Venue : **Shri Jayendra Sarawathi Platinum Jubilee Complex,  
SVCE**

Patron: **Prof. S. Ganesh Vaidyanathan**, Principal,  
**Col. Jobiee Philip**, Officer Commanding,  
1 (TN) Comp Tech Coy NCC, Chennai 25

Coordinator : **Dr. A. Bhaskaran**, Coy Comdr, NCC (Army), SVCE



## Program

21-6-2022, Tuesday 6 00 am to 7.30 am

**CELEBRATION OF "INTERNATIONAL DAY OF YOGA"**

- ❖ 6.00 am - Roll Call
- ❖ 6.30 am - Importance of YOGA – Capt. Dr. A. Bhaskaran, Coy Comdr  
NCC (Army), SVCE
- ❖ 6.40 am - Demonstration of Surya Namaskar and other asanas
- ❖ 7.05 am Performance of Surya Namaskar and other asanas by Cadets
- ❖ 7.30 am National antham





## REPORT

### 8<sup>th</sup> INTERNATIONAL DAY OF YOGA

**Date: 21/06/2022**

- a) **Group / Unit** : Madras 'B' / 1 (TN) CTC NCC  
b) **Location** : SVCE, Sriperumbudur - 602117  
c) **Details of the program** :

NCC (Army) cadets of Sri Venkateswara College of Engineering, Sriperumbudur organised a Program in the view of “8th International Yoga Day” under the guidance of ANO Capt. Dr. A. Bhaskaran. 21 cadets of NCC Army Wing of Sri Venkateswara College of Engineering and 17 cadets of Saveetha School of Engineering participated in the program.

The program was inaugurated by ANO Capt. Dr. A. Bhaskaran and Mr. S. Surendharan, Army Wing Care Taker, Saveetha School of Engineering. ANO Capt. Dr. A. Bhaskaran shared his views on “8th International Yoga Day”. Yoga Program began with a Surya Namaskar followed by 10 yoga postures. Sgt. V. Vasanth Kumar demonstrated the yoga postures. ANO, Care Taker and all the cadets performed the yoga postures demonstrated by Sgt. V. Vasanth Kumar. Cdt. R. Gokula Krishnan explained the Benefits of the Surya Namaskar & 10 yoga postures.



Figure 1. ANO Capt. Dr. A. Bhaskaran addressing the cadets



Figure 2. NCC Army Wing Cadets of **Sri Venkateswara College of Engineering & Saveetha School of Engineering** performing Surya Namaskar



Figure 3. **Sgt. V. Vasanth Kumar** of **Sri Venkateswara College of Engineering** demonstrated the Yoga postures.



Figure 4. NCC Army Wing Cadets of **Sri Venkateswara College of Engineering & Saveetha School of Engineering** performing the Yoga Postures.

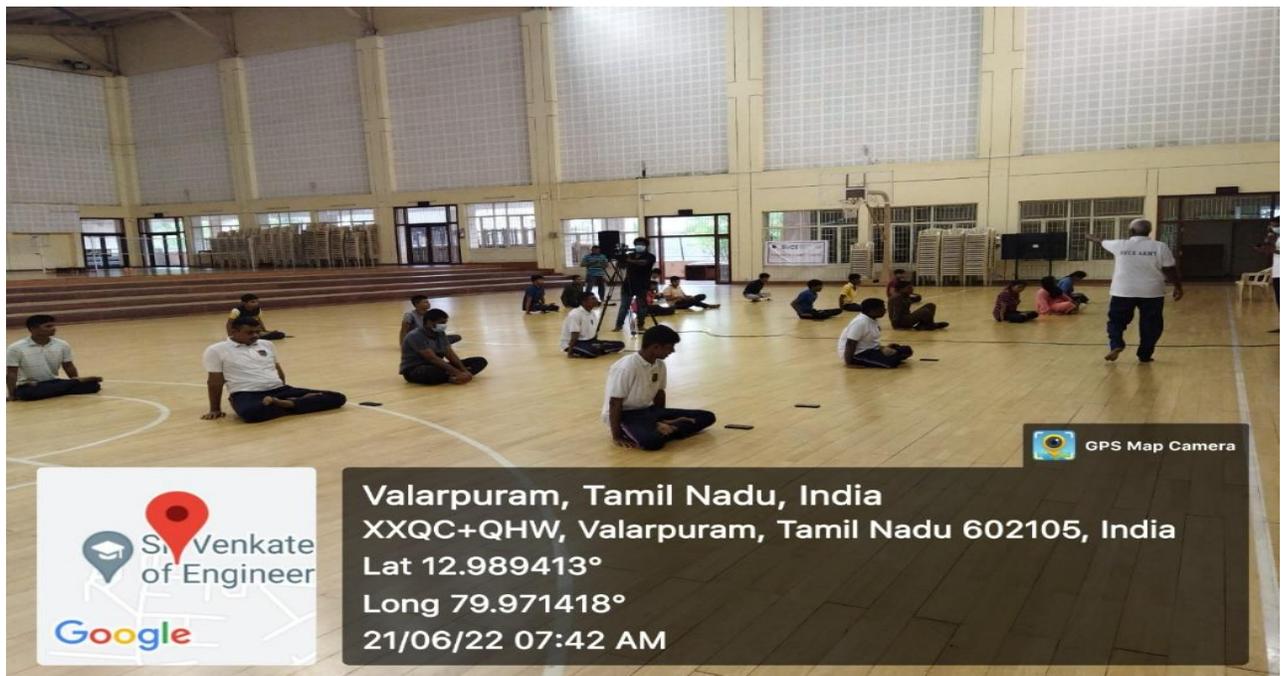


Figure 5. NCC Army Wing Cadets of **Sri Venkateswara College of Engineering & Saveetha School of Engineering** performing Tulasana



**NOMINAL ROLL OF CADETS FOR PARTICIPATION OF IDY 2022**

Institution : Sri Venkateswara College of Engineering, Sriperumbudur  
Unit : 1 (TN) CTC NCC  
Gp HQ : NCC Gp HQs Madras 'B'  
Dte : HQ NCC Dte (TN, P & AN)

S. No	Reg No	Rank	Name of the cadet	Date of Enrollment	Remarks
1	TN19SDA670332	CUO	RAM KARTHIK VASAN H	31-08-2019	
2	TN19SDA670331	Cpl	RAKESH VELAVALURI	31-08-2019	
3	TN19SDA670322	Cpl	GUGANESH R	31-08-2019	
4	TN19SDA670327	Sgt	KAVIN B	31-08-2019	
5	TN19SDA670336	Sgt	SHANMUGAPRIYAN J	31-08-2019	
6	TN19SDA670339	Sgt	VASANTH KUMAR V	31-08-2019	
7	TN19SDA670341	L/Cpl	VISWA GANGADHER G S	31-08-2019	
8	TN20SDA670326	Cdt	JAWAHAR B	31-10-2020	
9	TN20SDA670329	Cdt	SELVA BALAJI S S	31-10-2020	
10	TN20SDA670335	Cdt	GOKULA KRISHNAN R	31-10-2020	
11	TN20SDA670336	Cdt	JEYARAMAN B	31-10-2020	
12	TN21SDA670321	Cdt	ARAVIND A	21-11-2021	
13	TN21SDA670323	Cdt	ARUN SUNDAR M	21-11-2021	
14	TN21SDA670329	Cdt	JASWANTH S	21-11-2021	
15	TN21SDA670331	Cdt	KARTHIKEYAN G	21-11-2021	
16	TN21SDA670332	Cdt	MUKESH S	21-11-2021	
17	TN21SDA670333	Cdt	NAVEEN KUMAR M	21-11-2021	
18	TN21SDA670334	Cdt	NITHISH S	21-11-2021	
19	TN21SDA670336	Cdt	PUTHRA GANESH V	21-11-2021	
20	TN21SDA670338	Cdt	ROHITH MANOJ	21-11-2021	
21	TN21SDA670341	Cdt	THAKSHITH BALAJI S	21-11-2021	

Signature of ANO

Signature of HOI



### NOMINAL ROLL OF FIRST YEAR CADETS:2021-2022

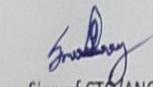
Name of the Institution : SAVEETHA SCHOOL OF ENGINEERING (8/FSFS)

Name of the Unit : 1 (TN) COMPOSITE TECHNICAL COMPANY NCC

Name of the Group HQ: NCC Gp HQs Madras 'B'

Name of the Dte : HQ NCC Directorate (TN, P & AN)

S No	NCC Regimental No	Rank	Name of the Cadet	Date of Enrollment	Remarks
1	TN21SDA670721	CADET	A. DINESH KUMAR	30.11.21	
2	TN21SDA670722	CADET	DUGGINABOINA UDAY KIRAN	30.11.21	
3	TN21SDA670723	CADET	KALAKADA GNANASAI	30.11.21	
4	TN21SDA670724	CADET	MANUKONDA VAMSI KRISHNA	30.11.21	
5	TN21SDA670725	CADET	MUNAGACHARLA VAMSI	30.11.21	
6	TN21SDA670726	CADET	NAYUNI LIKHITH	30.11.21	
7	TN21SDA670727	CADET	NERELLA VENKATA MARUTHI SUMANTH	30.11.21	
8	TN21SDA670728	CADET	PALAKOLANU TEJESWAR REDDY	30.11.21	
9	TN21SDA670729	CADET	PATAN BASHEER KHAN	30.11.21	
10	TN21SDA670730	CADET	PATHAPALEM CHAITANYA KUMAR NAIDU	30.11.21	
11	TN21SDA670731	CADET	SAYED MD AFWAN AHMAD	30.11.21	
12	TN21SWA670732	CADET	ANANTHI. C	30.11.21	
13	TN21SWA670733	CADET	BEZAWADA JAMALAMMA	30.11.21	
14	TN21SWA670734	CADET	MALLADI PRIYANKA	30.11.21	
15	TN21SWA670735	CADET	RAJU SRIVARDHANI	30.11.21	
16	TN21SWA670736	CADET	SHREE VARISHINI	30.11.21	
17	TN21SWA670737	CADET	SIDDAVATAM LAKSHMI PRANATHI	30.11.21	

  
Sign of CTO/ANO  
(SUREN DHARAN, S)

Signature of HOI